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BBB-on-a-chip: a new model to mimic the human blood-brain barrier

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BBB-on-a-chip: a new model to mimic the human blood-brain barrier

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A close-up photograph of a person's hands. The person is wearing a white shirt with small blue polka dots. They are holding a small, dark amber glass vial in their right hand and pouring its contents into a white plastic pill bottle held in their left hand. The background is blurred, showing what appears to be a white chair or table.

90% new drug developments fail in
clinical trials

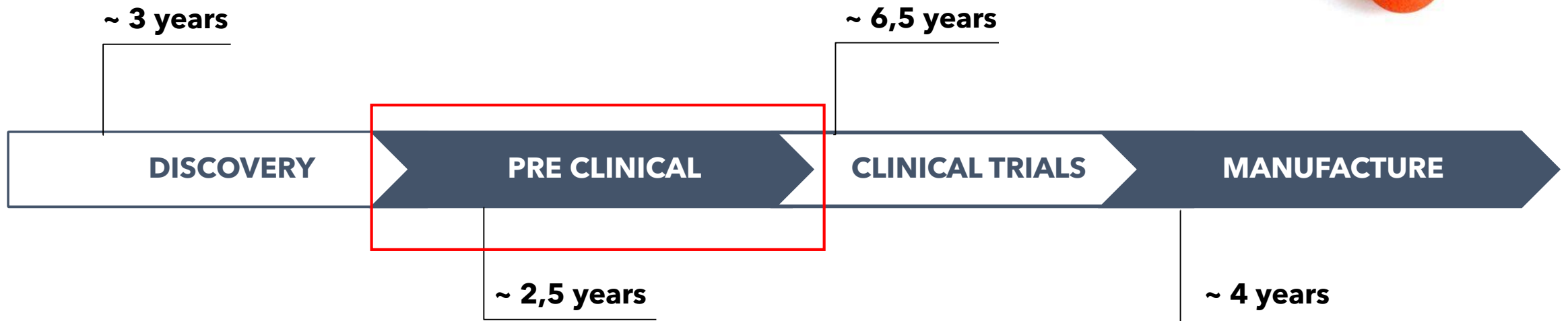
Who I am



Sheila Sousa Gomes Fortes

- ↳ Polymer Technologist - Fatec Mauá (2015)
- ↳ MSc in Biomedical Engineering - UFABC (2018)
- ↳ Ph.D. Student in Organic and Biological Chemistry at IQSC USP
- ↳ Researcher at IPT
- ↳ Visiting Graduate Student at Wyss Institute at Harvard University

Development of new drugs



10 - 15 years
2 - 3 billions \$

*approval, register and commercialization

Why do this failures happens?



Current methods used during the pre-clinical trails of new drugs

2D cell culture



- Simple and reproducible
- Low cost
- High Throughput
- Real-time monitoring
- Long-term cell viability
- Patient-specific cells
- No ethical issues

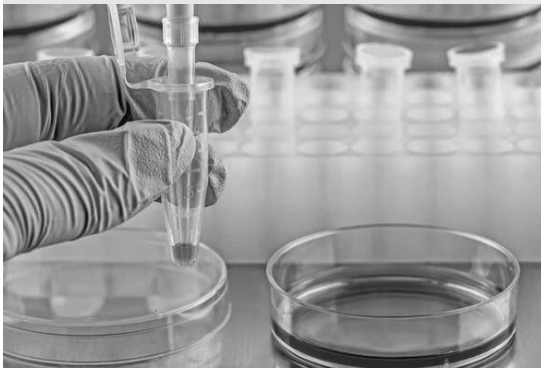
Animal Models



- 3D-tissue architecture
- Immune system
- Hemodynamic system
- Physiological biomechanics and biochemical cues
- Multi tissue/organ interaction

Current methods used during the pre-clinical trails of new drugs

2D cell culture



- Single cell types
- No physiological biomechanics and biomedical cues
- No hemodynamic system
- Does not mimic 3D tissue architecture

Animal Models



- Expensive
- Time Consuming
- Interspecies variation
- Low-throughput
- Ethical issues
- Findings can be inconsistent in translation to human health

In vitro models for mimicking organ functions

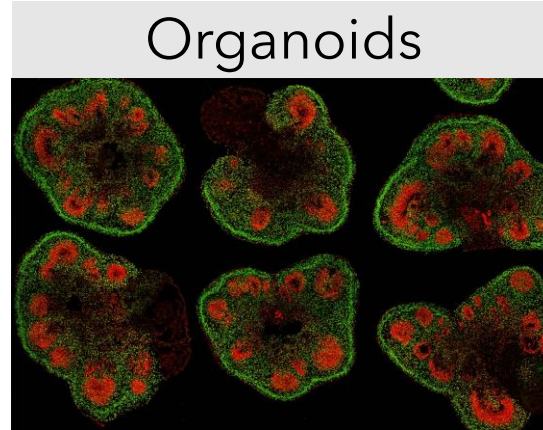
Transwell



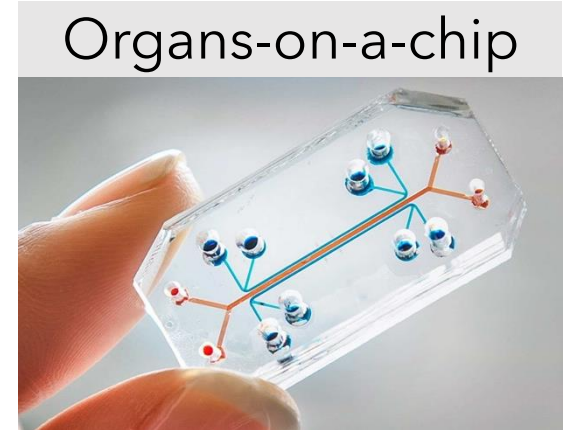
Spheroids



Organoids



Organs-on-a-chip



Models to mimic organs: transwell



Transwell

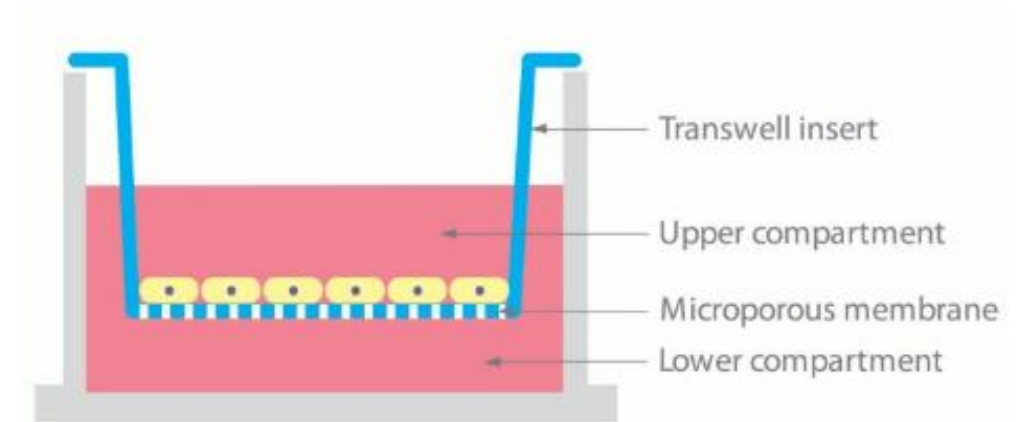
Cell culture system that uses a porous membrane inserted into a well of a culture plate to separate different types of cells or compartments of an experiment

ADVANTAGES

- Simple and reproducible
- Low cost
- Co-culture
- Cell differentiation
- High throughput
- Real-time monitoring
- Long-term cell viability
- Patient-specific cells
- No ethical issues

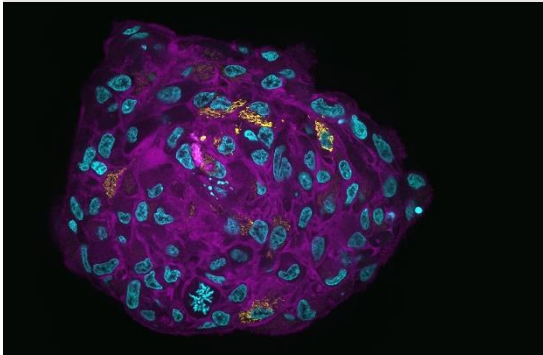
LIMITATIONS

- No physiological biomechanics
- No hemodynamic system
- Does not mimic 3D tissue architecture
- Inadequate nutrient and waste transport



Models to mimic organs: spheroids

Spheroids



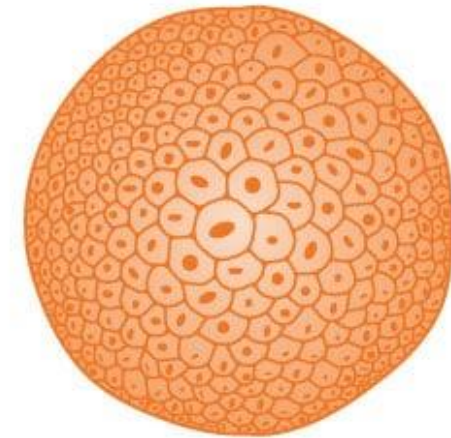
A three-dimensional cluster of cells that forms spontaneously in culture. These structures are often used as more realistic models of tumors or other tissues compared to two-dimensional cultures.

ADVANTAGES

- Simple and round
- Easier to manage and culture in large quantities
- Mimics 3D tissue architecture
- Full cell differentiation
- Cell-cell and cell-ECM interaction present
- Real-time monitoring

LIMITATIONS

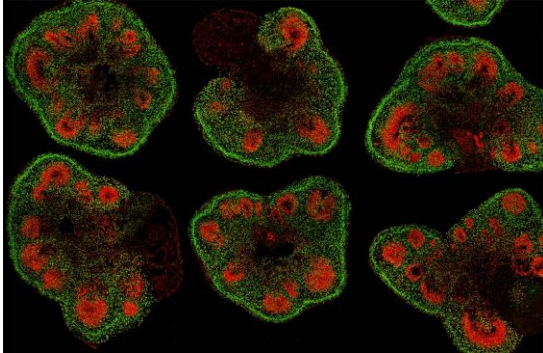
- Limited diversity
- Challenging to maintain over long time
- No physiological biomechanics
- No hemodynamic system
- Does not mimic 3D tissue architecture
- Inadequate nutrients and waste transport



Single cell type and usually from cell lines

Models to mimic organs: organoids

Organoids



Three-dimensional miniature of an organ grown from stem cells. Organoids replicate some of the characteristics and functions of real organs.

ADVANTAGES

- Phenotypical/physiological relevance
- Mimic the diversity of organs
- Mimics 3D tissue architecture
- Full cell differentiation
- Cell-cell and cell-ECM interaction present
- Real-time monitoring
- No ethical issues

LIMITATIONS

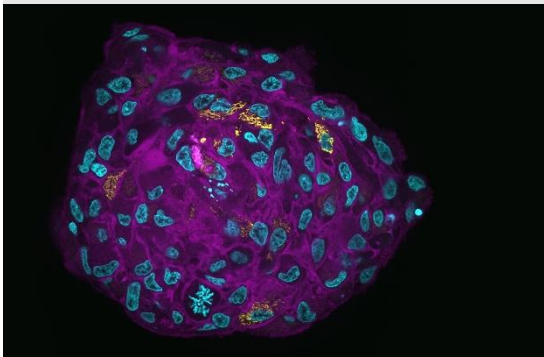
- Lacks immune system
- Multiple tissue/organ interface absent
- Lacks hemodynamic system
- Inadequate nutrient and waste transport
- No standard protocols



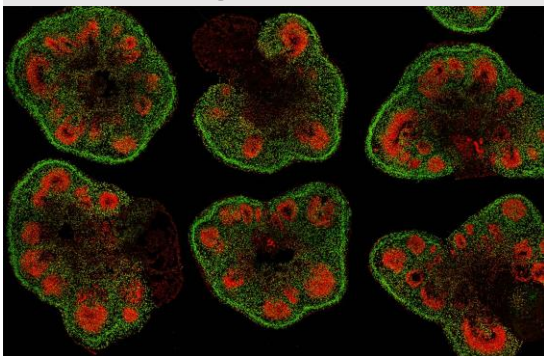
Usually stem cell-derived mixture of different cell types

3D models to mimic organs: spheroids and organoids

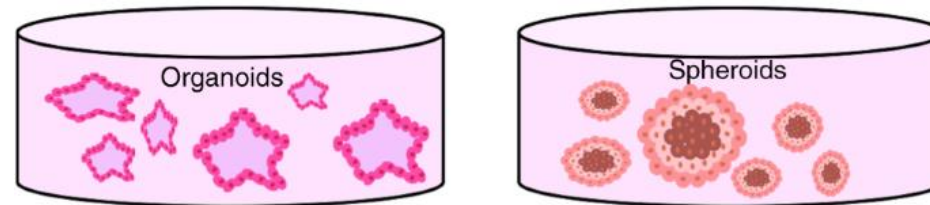
Spheroids



Organoids

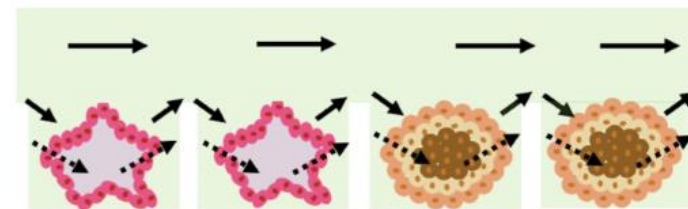


a Conventional organoid/spheroid culture methods



- Lack of nutrient/waste exchange
- Lack of size reproductivity

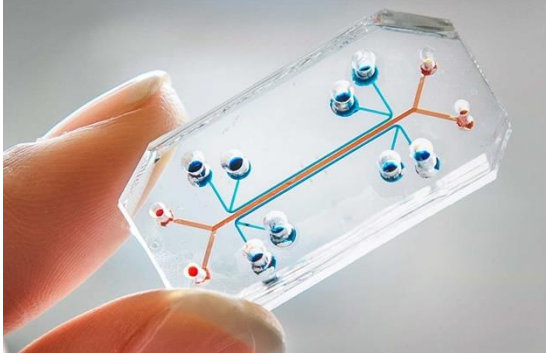
b Microfabricated/microfluidic organoid/spheroid culture methods



- Array production
- Media/waste exchange
- Size reproductivity

3D models to mimic organs: organ on a chip

Organs-on-a-chip



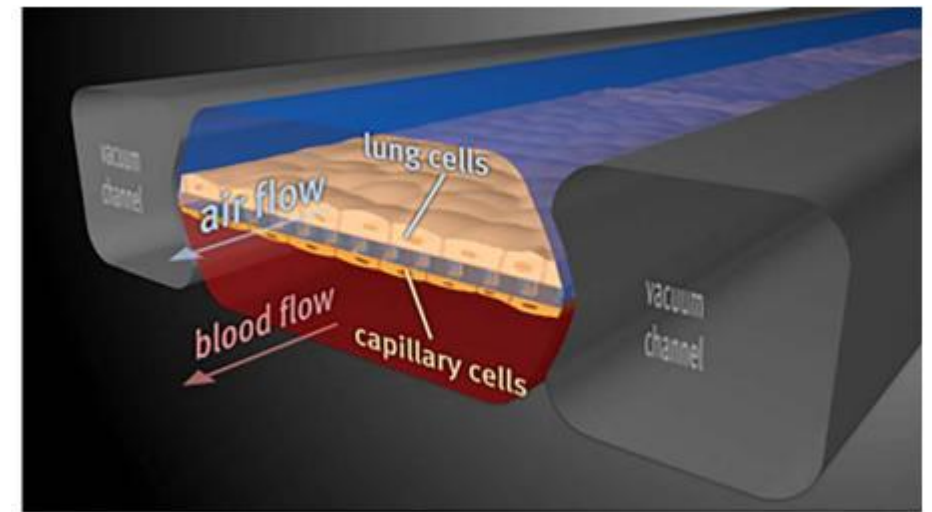
Microfluidic device that simulates the physiology and microarchitecture of human organs.

ADVANTAGES

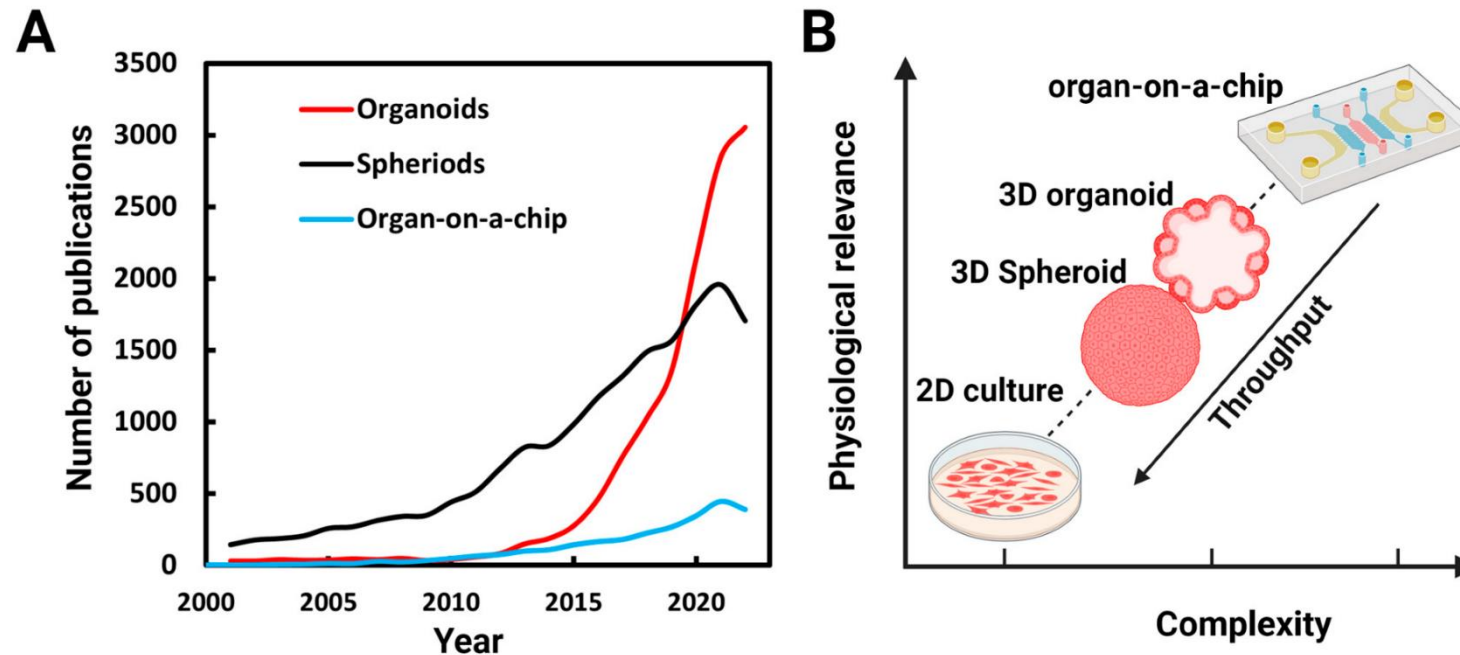
- 3-D tissue architecture
- Controlled microenvironment
- Immune system
- Hemodynamic system
- Physiological biomechanics and biochemical cues
- Multi tissue/organ interaction
- Patient specific cells
- No ethical issues

LIMITATIONS

- No standard protocols
- Difficult to scale up
- Complex requiring adroit users

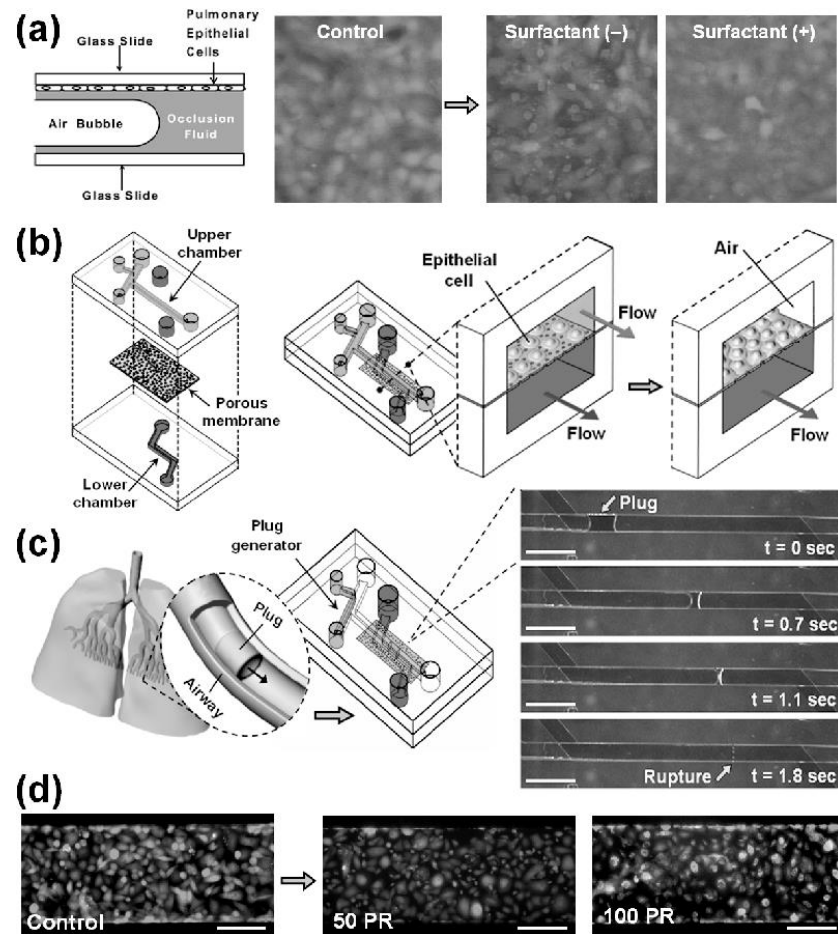


3D models to mimic organs

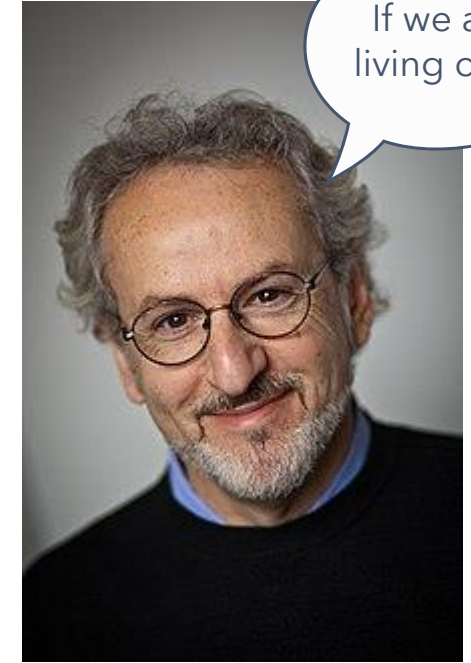


Numbers of publications on organoids, spheroids, and organs-on-a-chip: (A) Number of publications per year found identified by a PubMed search using the terms organoids, spheroids (spheroids and cell aggregates), and organ-on-a-chip between 2001 and 2022. (B) As we get closer to in vivo conditions, the complexities of the systems increases and throughput decreases.

Organ-on-a-chip: brief history



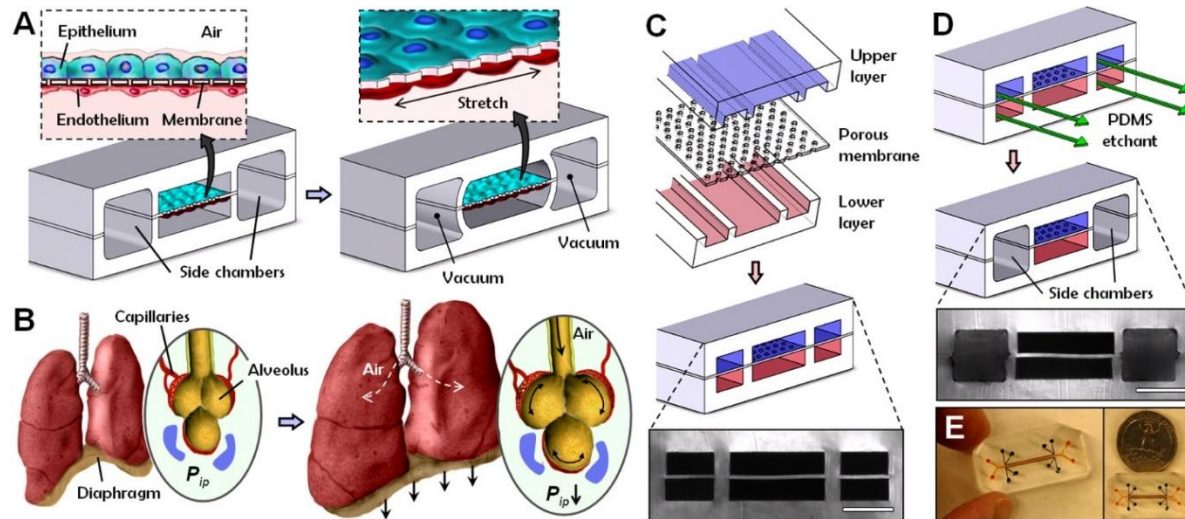
Dongeun (Dan) Huh, Ph.D.



Donald E. Ingber, M.D., Ph.D.

In vitro models of airway reopening: (a) Reopening of closed airway is modeled by the steady progression of a semi-infinite air finger through a liquid-filled parallel-plate chamber lined with pulmonary epithelial cells. The movement of an air-liquid interface at the bubble front results in cellular injury, which can be prevented by pulmonary surfactant. Green and red show live and dead cells, respectively. (Source: [85], reproduced with permission.) (b) Compartmentalized three-dimensional microfluidic small airway system created by soft-lithography-based microfabrication. The polymeric channel system enables proliferation and air-liquid-interface-induced differentiation of primary airway epithelial cells in a biomimetic culture environment. (c) More realistic in vitro re-creation of airway reopening is achieved by a computerized air-liquid two-phase microfluidic system integrated on-chip with microfluidic cell culture. This system produces propagation and rupture of a liquid plug with finite lengths by dynamically switching air-liquid two-phase flows in a plug generator. (d) Plug propagation and rupture cause injury of small airway epithelial cells in a dose-dependent fashion. PR represents propagation and rupture. Scale bars = 150 μm .

Organ-on-a-chip: brief history



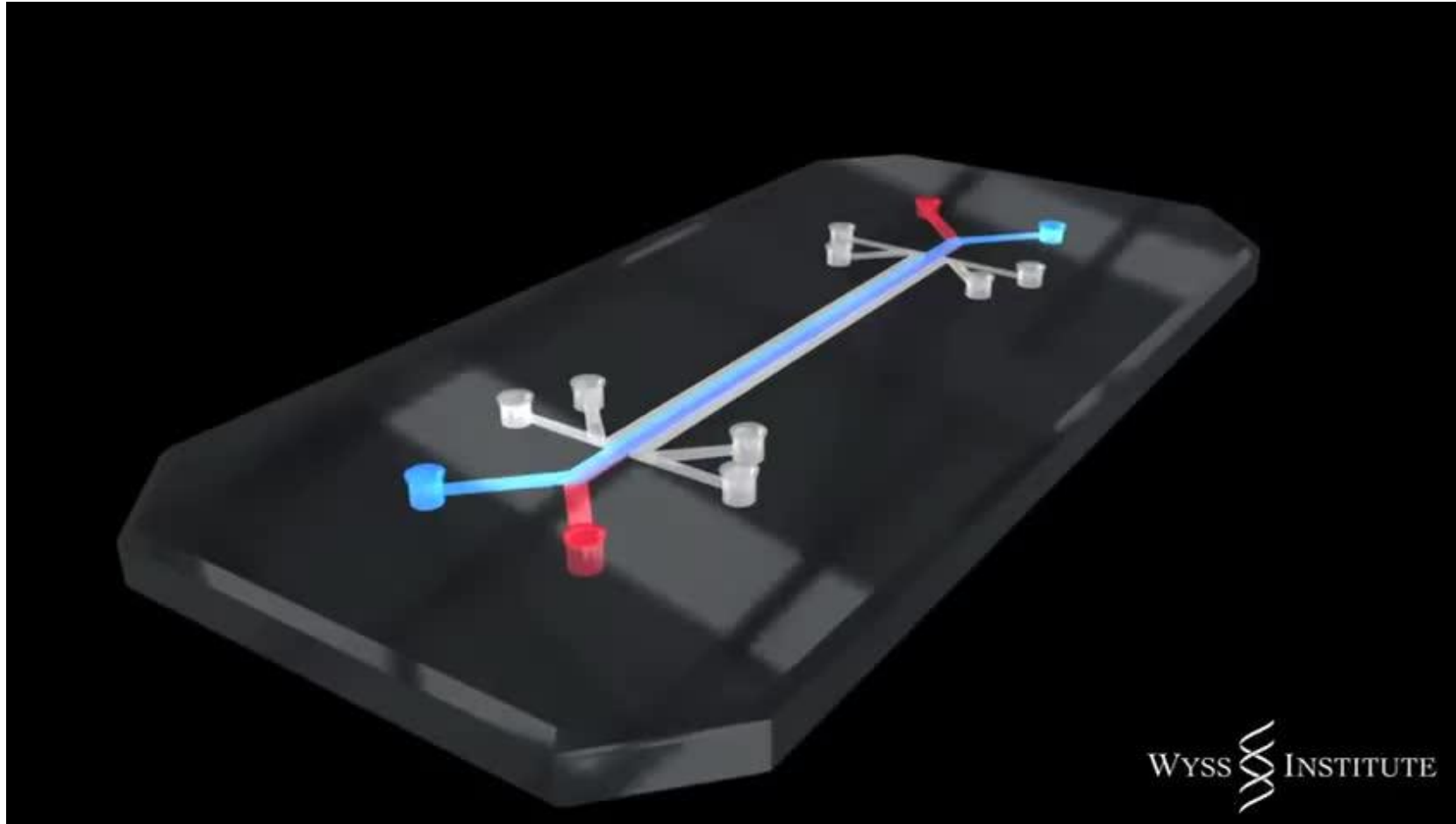
Donald E. Ingber, M.D., Ph.D.



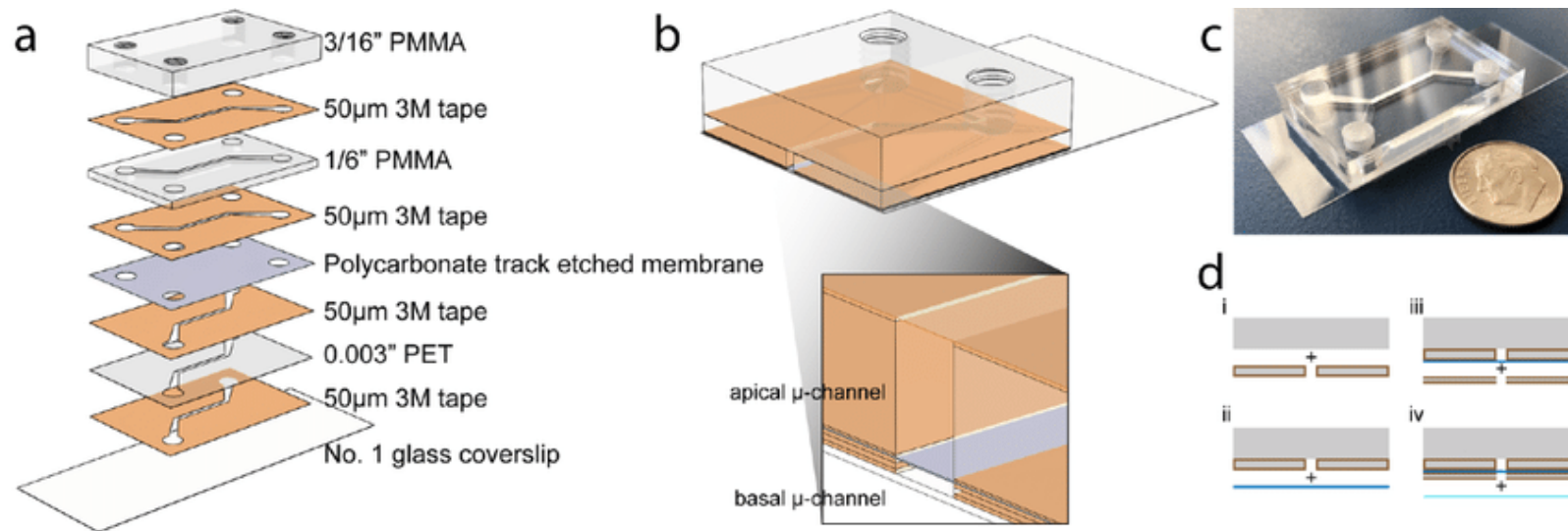
Dongeun (Dan) Huh, Ph.D.

Biologically inspired design of a human breathing lung-on-a-chip microdevice. (A) The microfabricated lung mimic device uses compartmentalized PDMS microchannels to form an alveolar-capillary barrier on a thin, porous, flexible PDMS membrane coated with ECM. The device recreates physiological breathing movements by applying vacuum to the side chambers and causing mechanical stretching of the PDMS membrane forming the alveolar-capillary barrier. (B) During inhalation in the living lung, contraction of the diaphragm causes a reduction in intrapleural pressure (P_{ip}), leading to distension of the alveoli and physical stretching of the alveolar-capillary interface. (C) Three PDMS layers are aligned and irreversibly bonded to form two sets of three parallel microchannels separated by a 10- μm -thick PDMS membrane containing an array of through-holes with an effective diameter of 10 μm . Scale bar, 200 μm . (D) After permanent bonding, PDMS etchant is flowed through the side channels. Selective etching of the membrane layers in these channels produces two large side chambers to which vacuum is applied to cause mechanical stretching. Scale bar, 200 μm . (E) Images of an actual lung-on-a-chip microfluidic device viewed from above.

How it works:

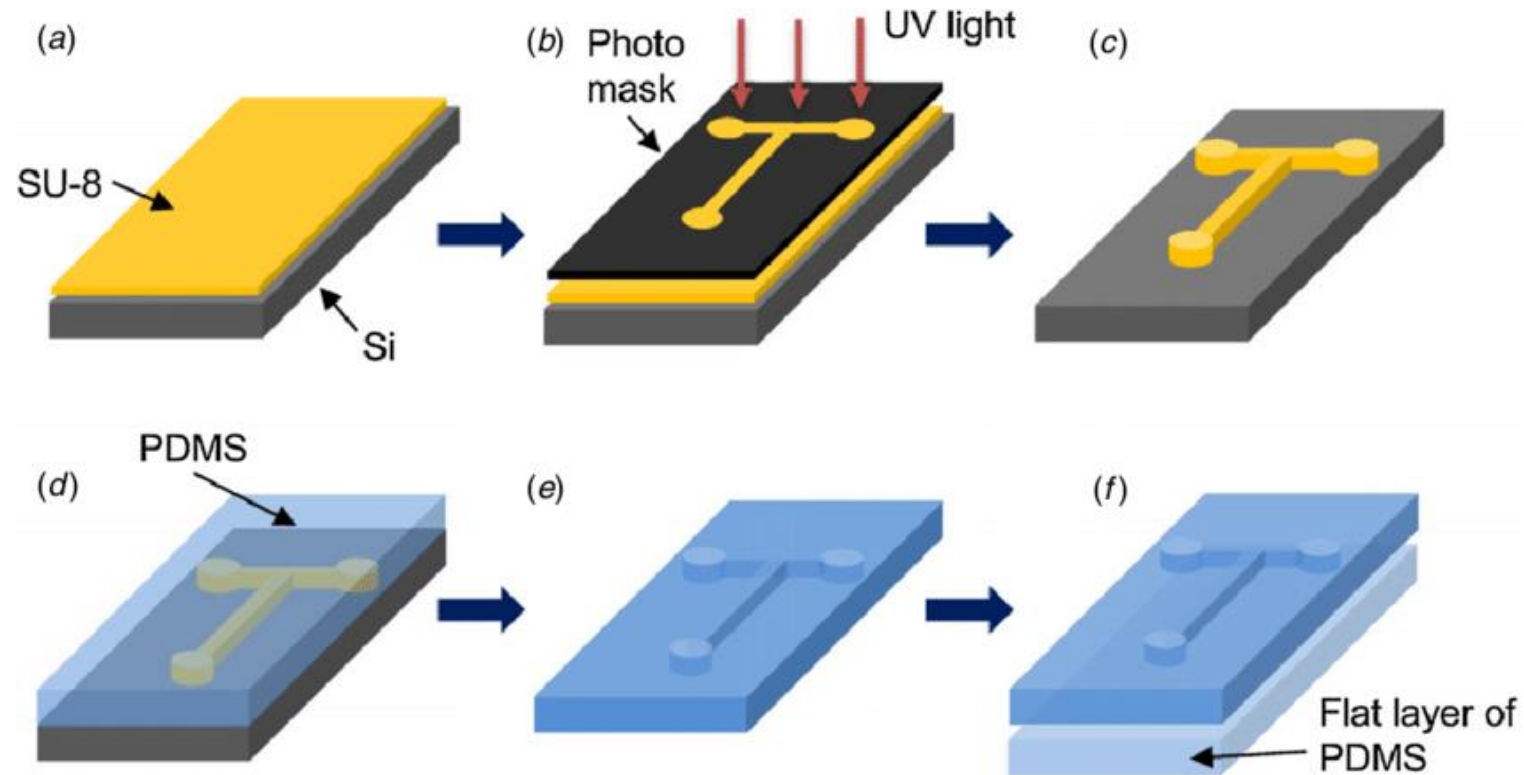


Manufacturing technique: laser cutting



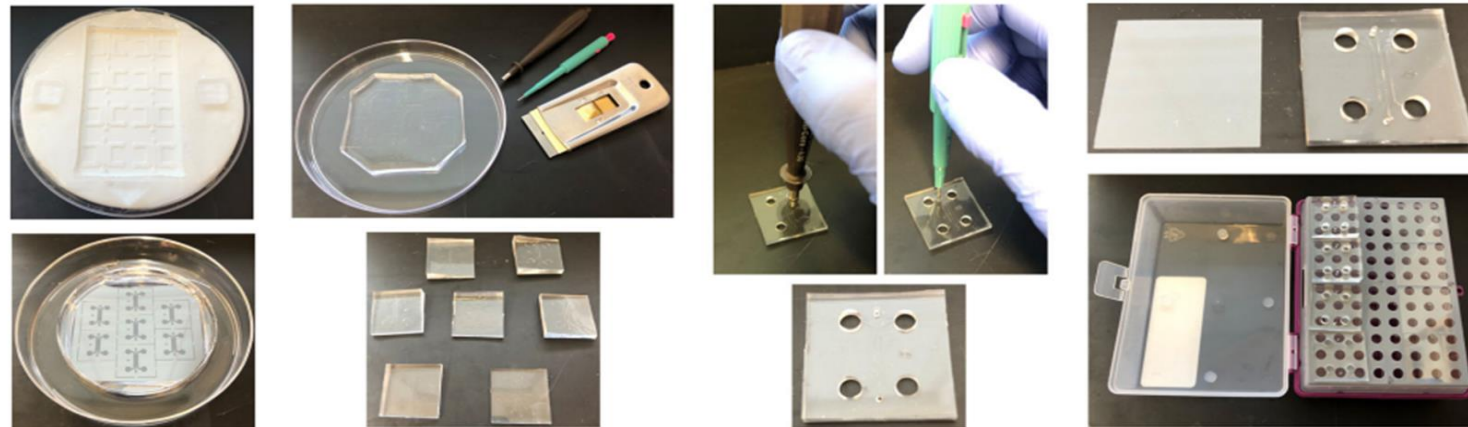
Laser cut and assembled membrane integrated bi-layered organ chip. a) A schematic showing the integration of 9 discrete layers to form a bi-layered organ chip. b) A schematic of an assembly cutaway view of the bi-layered organ chip showing the inner apical and basal microchannels. c) A photograph of the bi-layered organ chip composed of clear PMMA, acrylic adhesive, polycarbonate track etched membrane, and glass coverslip. d) 5 layers are aligned and irreversibly bonded in 4 steps to form the apical and basal channels separated by a polycarbonate track etched membrane with a pore diameter of 1.0 µm.

Manufacturing technique: soft lithography



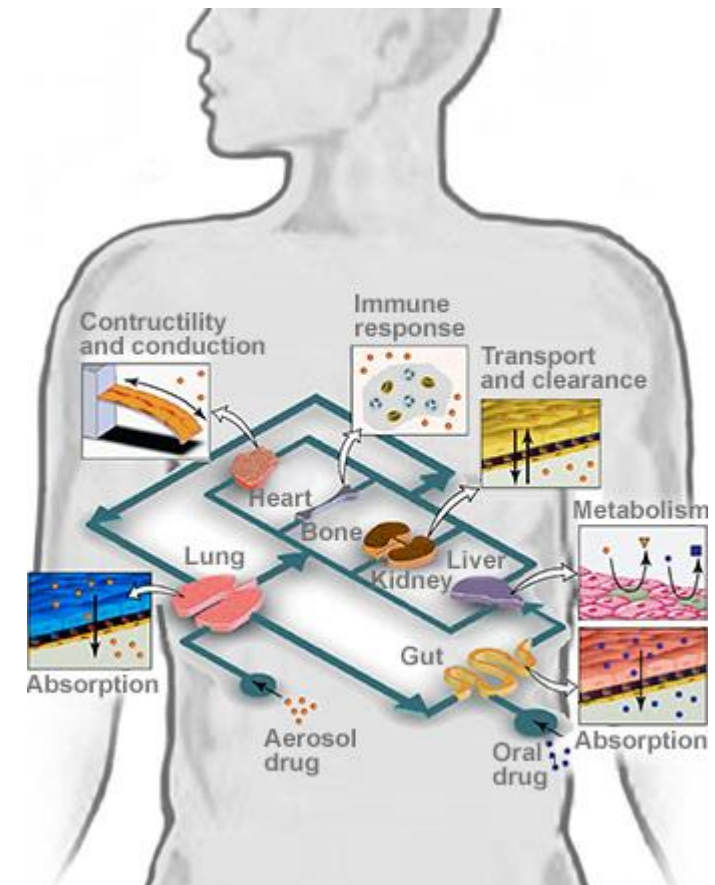
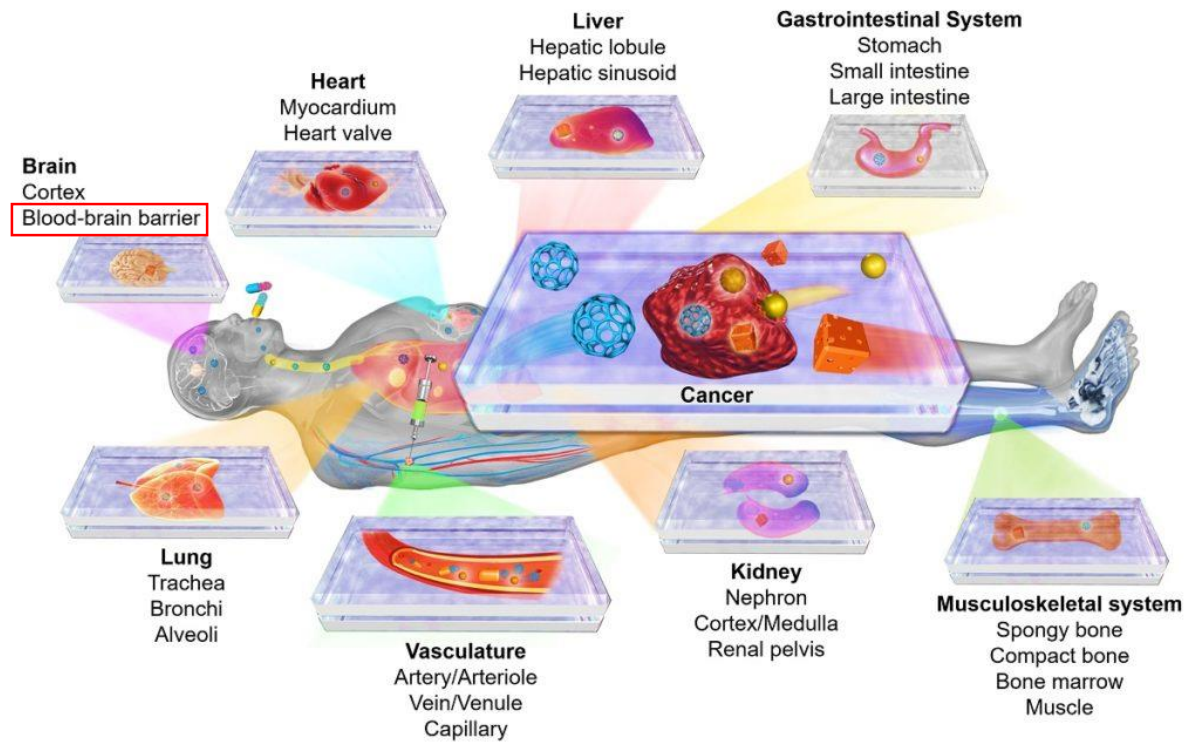
A schematic diagram showing the fabrication steps of a PDMS microchannel: (a)-(c) mold fabrication and (d)-(f) replication/bonding processes.

Manufacturing technique: 3D printing



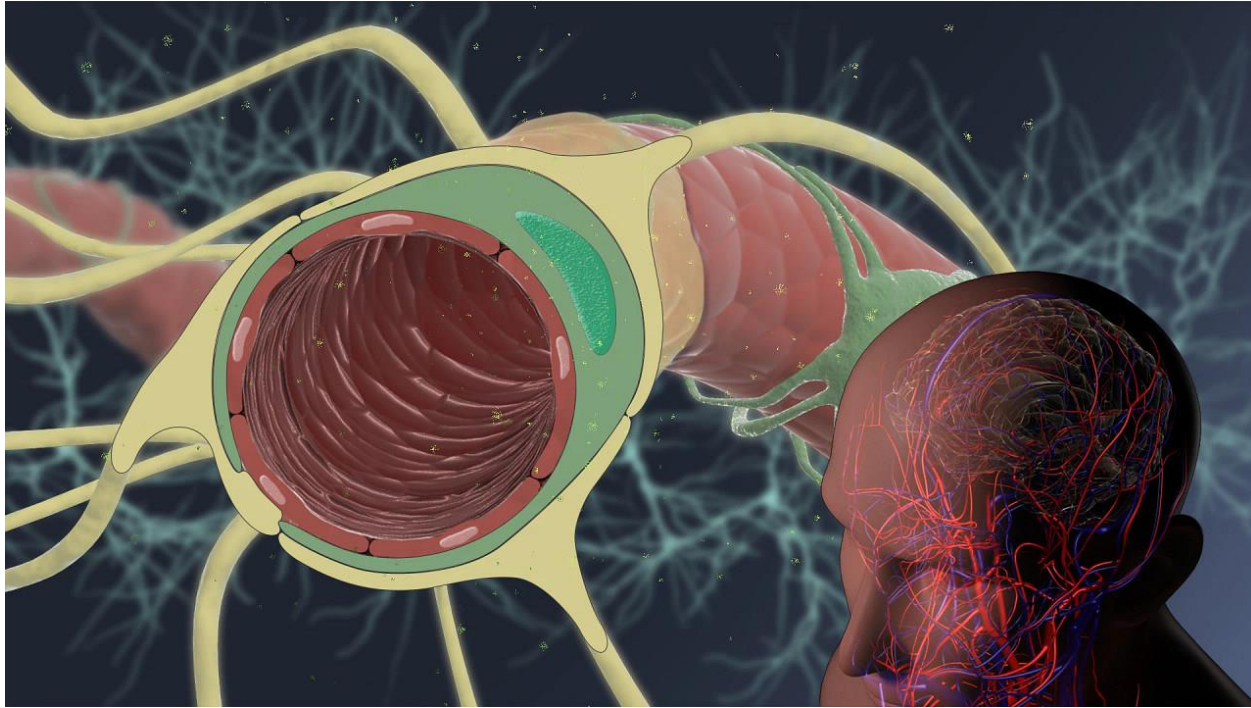
Summary of protocol steps for the fabrication of the macrodevice with a 3D printed mold

Organs-on-a-chip for different proposes



Conceptual schematic of a human-on-a-chip, a whole-body biomimetic device. Image: MIT

The Blood-Brain Barrier (BBB)



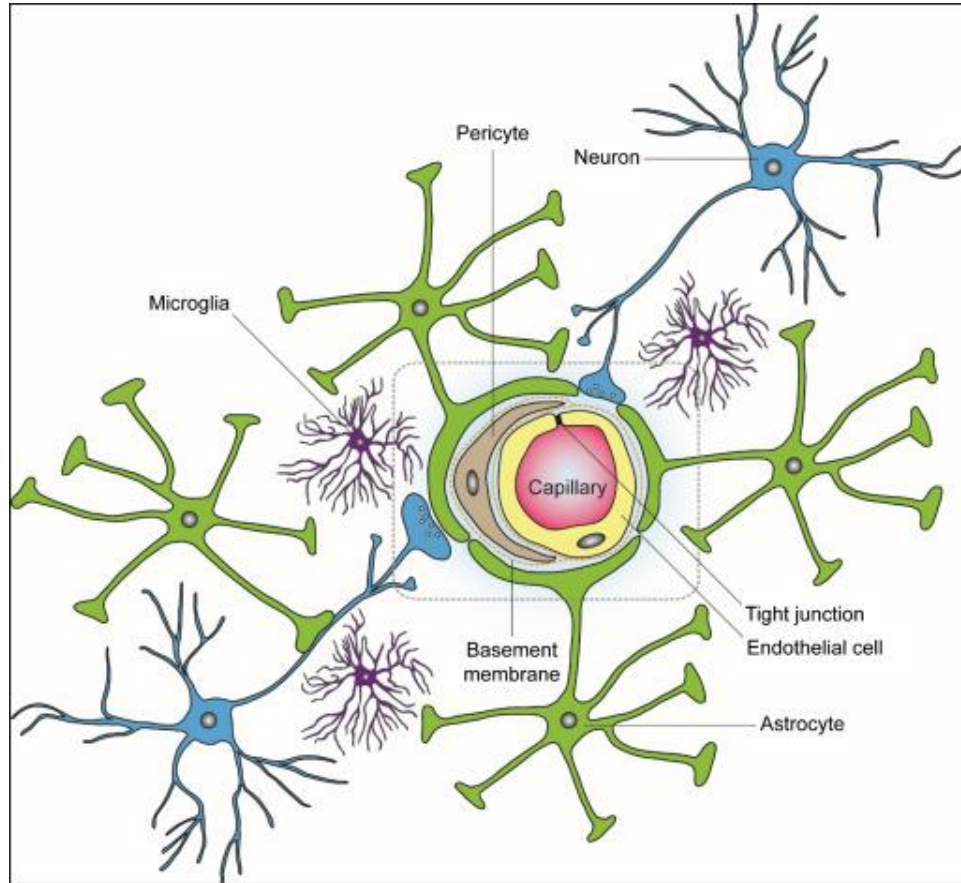
The human brain contains about 100 billion capillaries stretching about 650 kilometres (400 miles).



Allows only what is important for the CNS to pass through, protects from toxic or harmful agents .

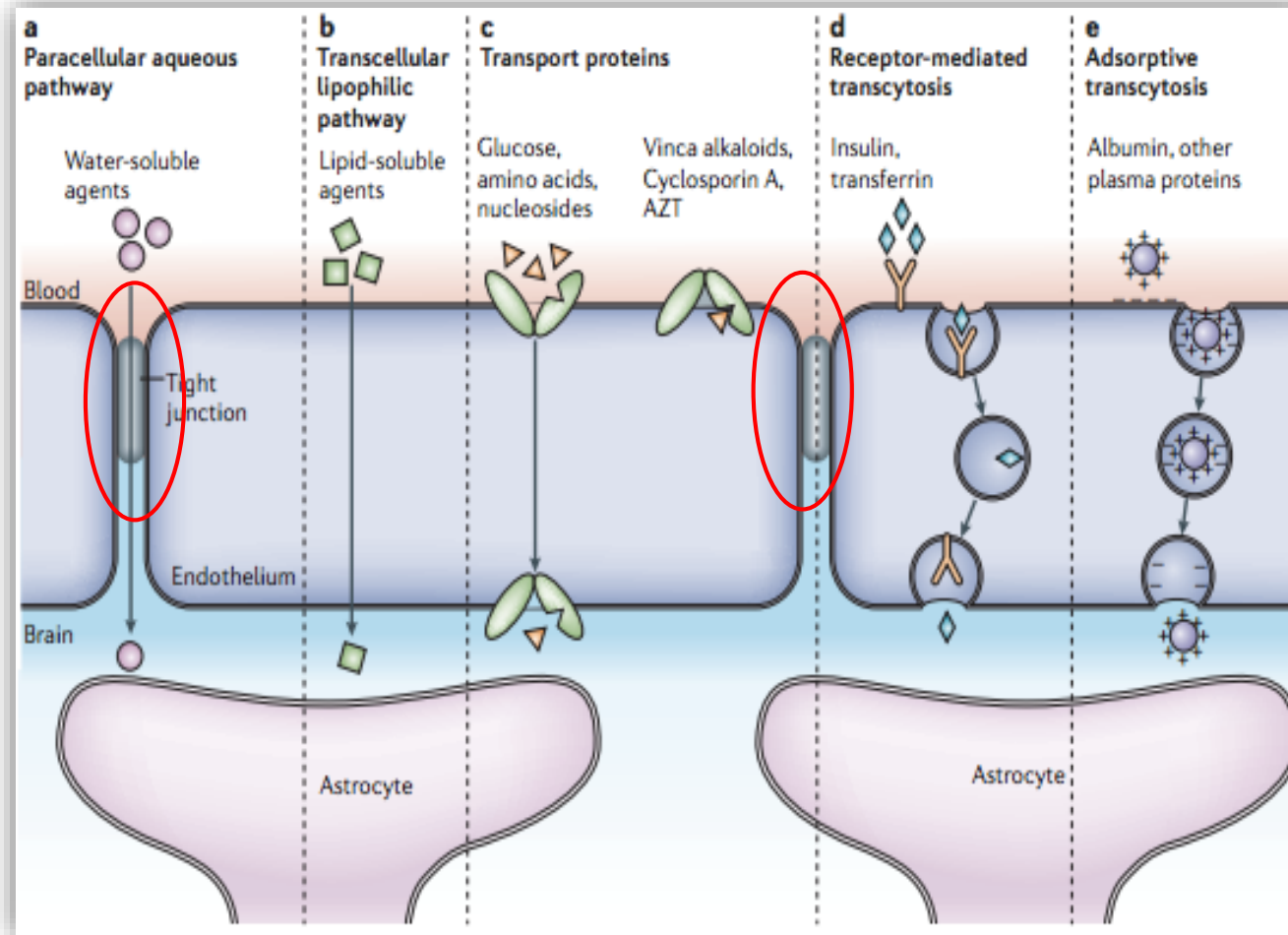
Limits the access of drugs that need to pass through the BBB to treat the CNS.

BBB composition



- Capillary lumen
- Endothelial cell
- Tight junction
- Pericyte
- Basement membrane
- Astrocyte
- Neuron
- Microglia

BBB transport pathways



Challenges in BBB studies

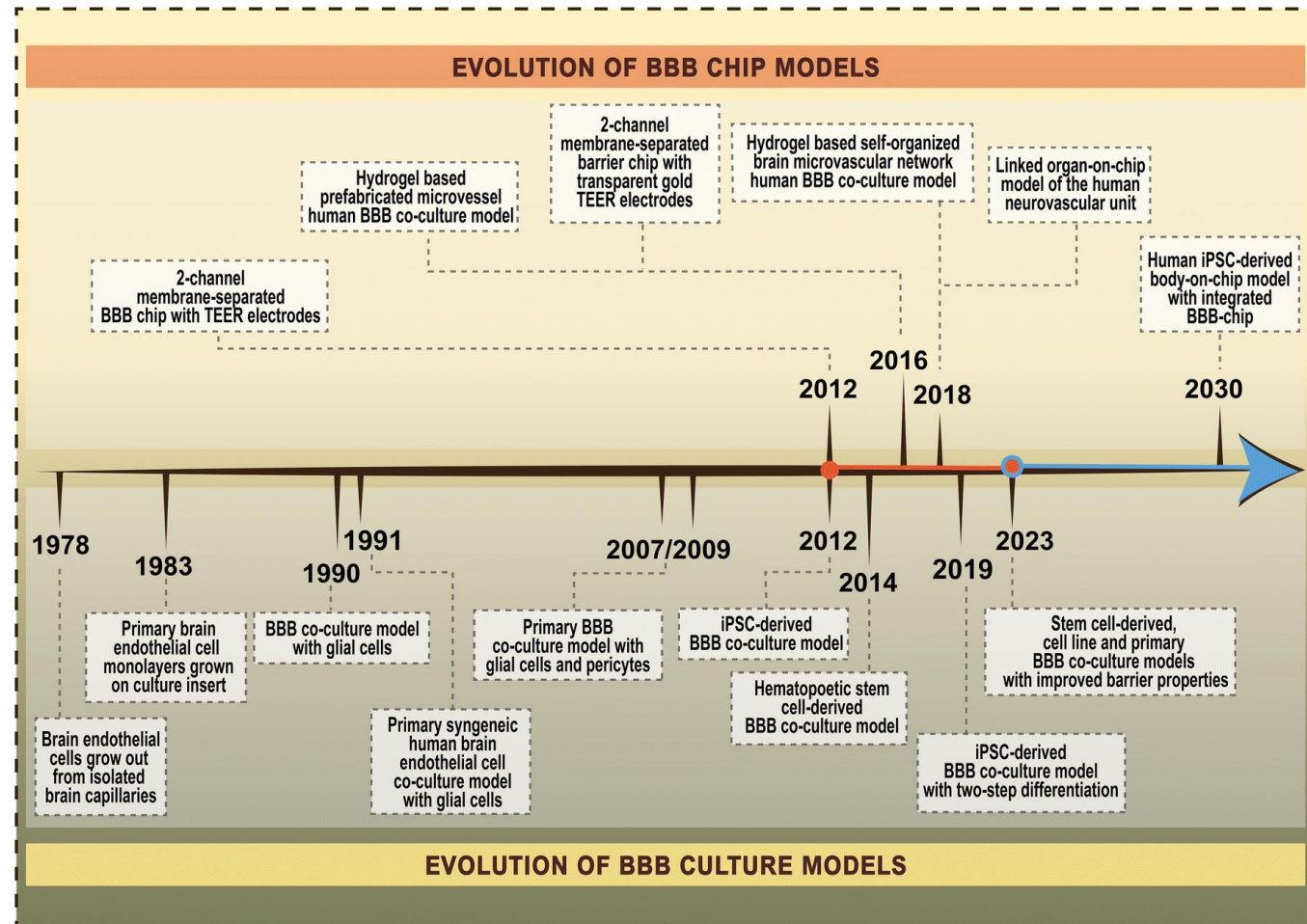
< 1% of small molecule across BBB

< 0,1% of big molecule across BBB

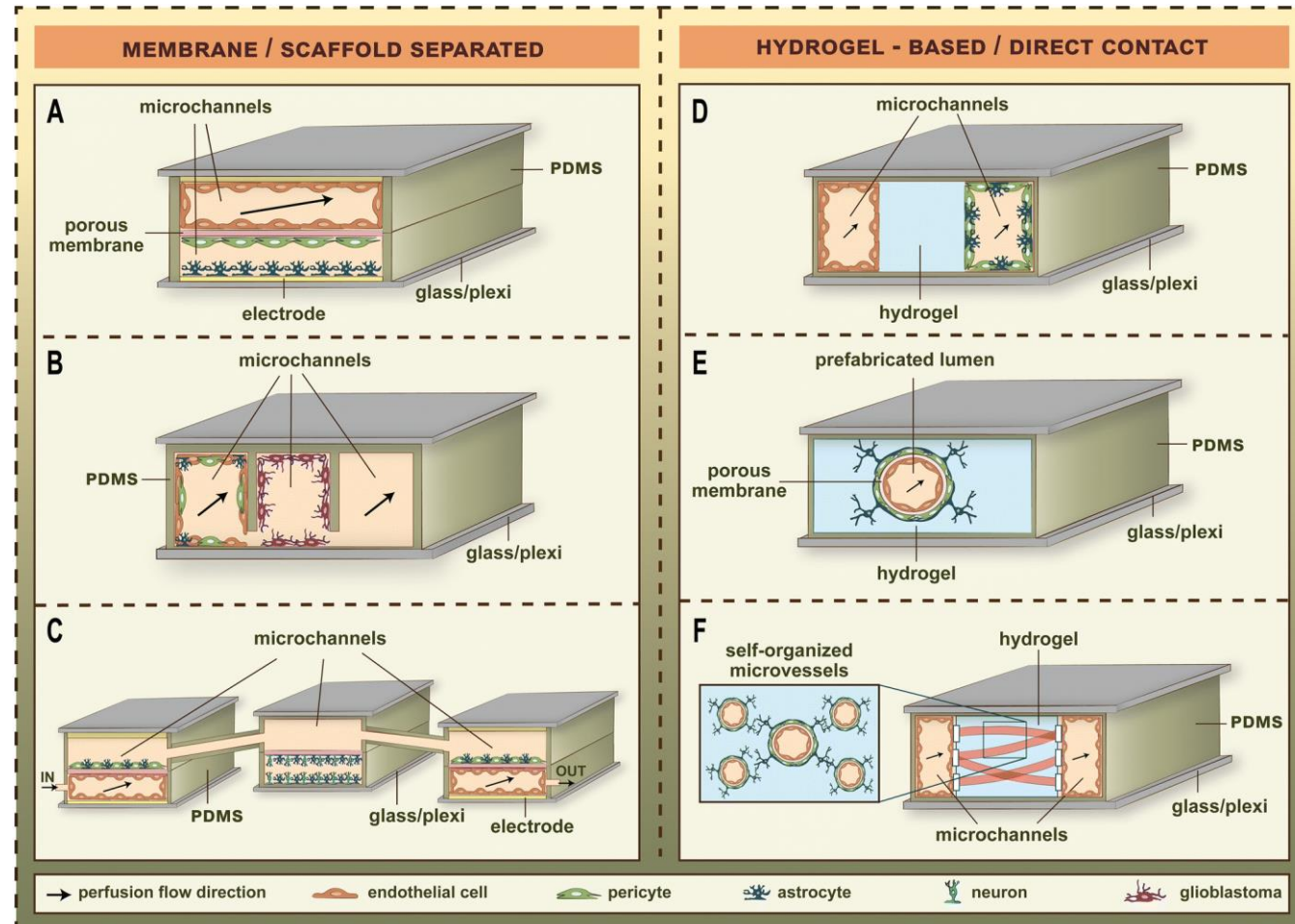
TEER: Transendothelial Electrical Resistance

Abbott et al., Nature Reviews Neuroscience, 2006

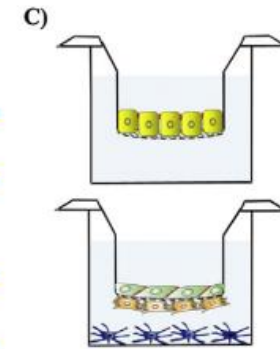
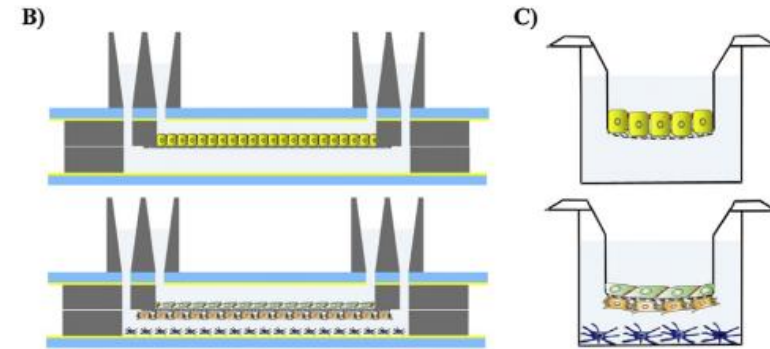
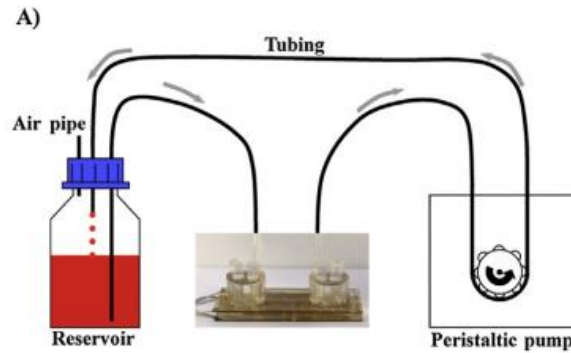
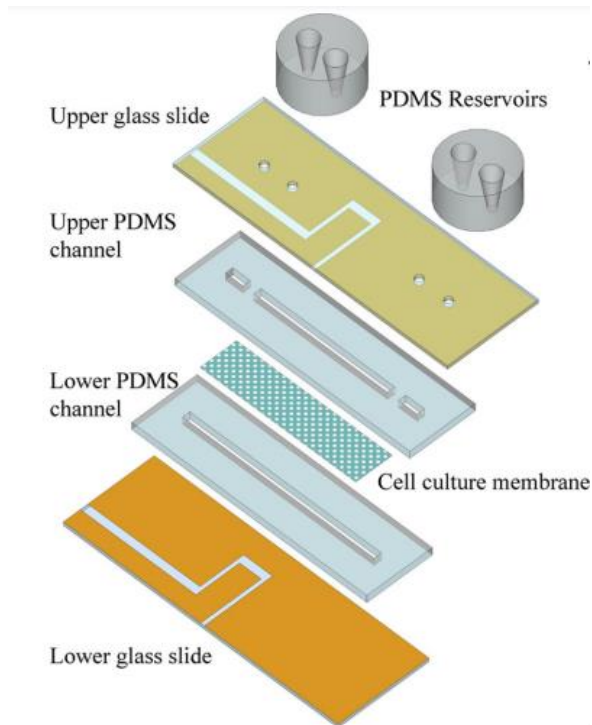
Time-line of BBB models



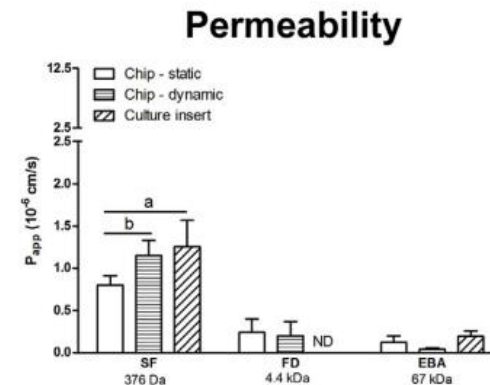
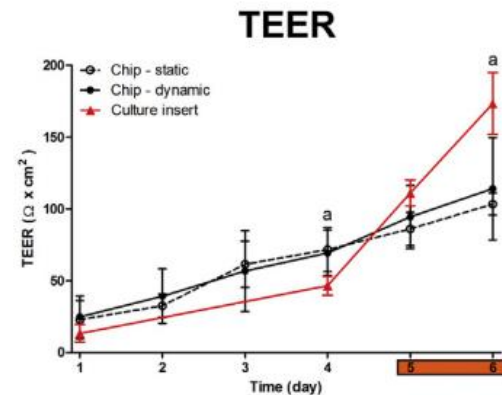
Types of BBB chip models



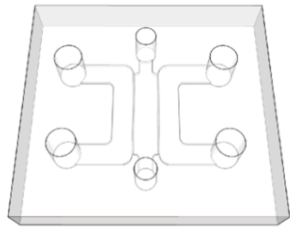
Membrane separated



(A) Schematic drawing of the flow circuit. (B) Biochip setups with two types of cells. Epithelial cells (top, yellow cells) grow as monolayers on the porous membrane of the chip. Triple culture blood-brain barrier model using rat primary endothelial cells (green), pericytes (orange) and glial cells (blue) assembled in the biochip. **(C) Transwell cell culture inserts with the same arrangements for epithelial or endothelial cell models** as shown in the microchip

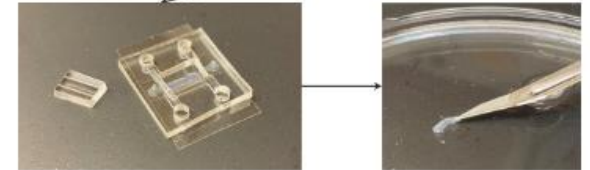
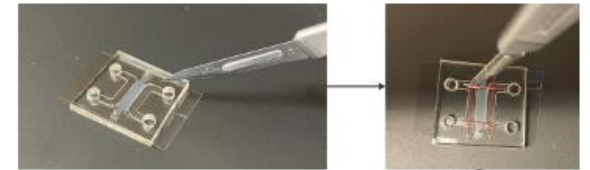
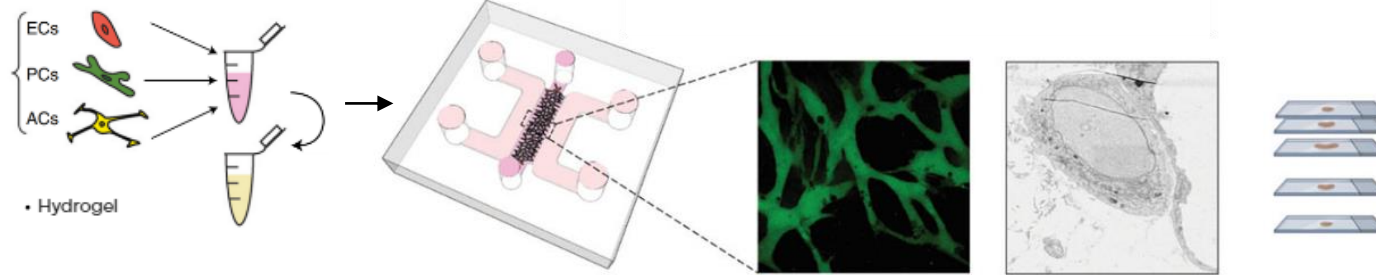


Hydrogel-based/ direct contact

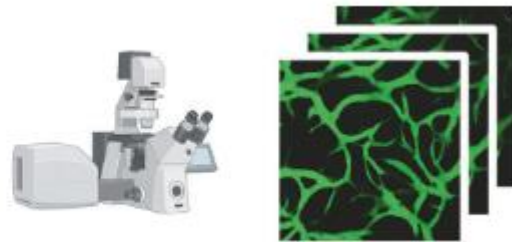


Macrodevice with 3D printed wafer

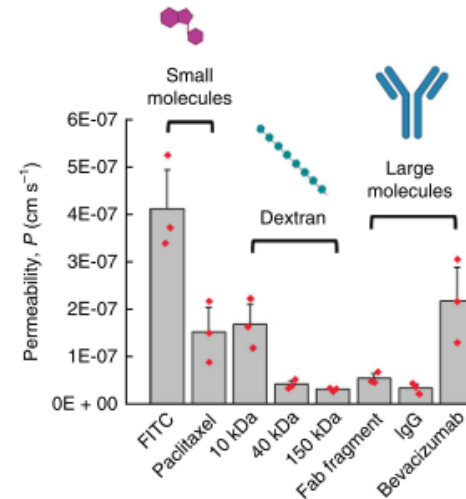
Device fabrication and PDMS bonding (Steps 1–2)



Device perfusion (Steps 21–24)



Confocal image acquisition (Steps 25–29)



TEER/impedance in BBB chips - challenges

→ Physiological TEER

no one value in vivo benchmark

direct measurements on TEER and shear stress are missing in the human brain vasculature

→ Measurement of TEER is influenced by:

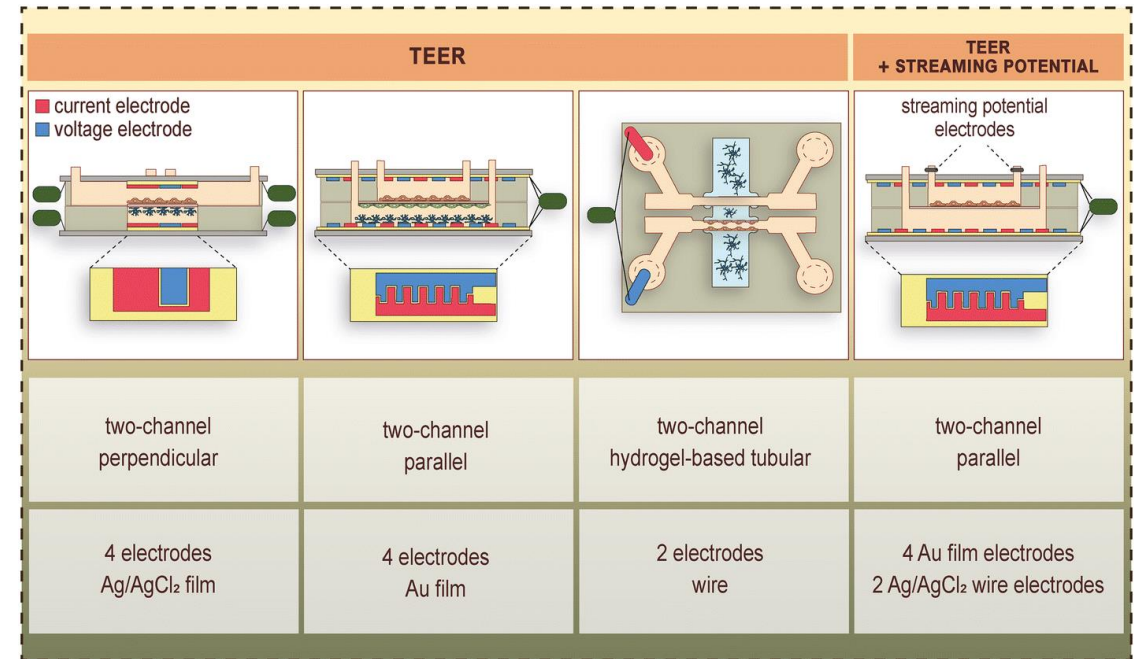
electrode type, number, material, positioning

temperature

viscosity

→ TEER values can differ by orders of magnitude

same BBB models in different studies



BBB cells in chips - challenges

↳ Immortalized brain endothelial cell lines

nonphysiological characteristics, weak barrier properties

↳ Primary brain endothelial cells

species differences, hard to source

↳ Stem cell derived brain

tight barriers and mixed neuroepithelial and endothelial identity

Endothelial identity and low tightness

↳ Lack of guidelines

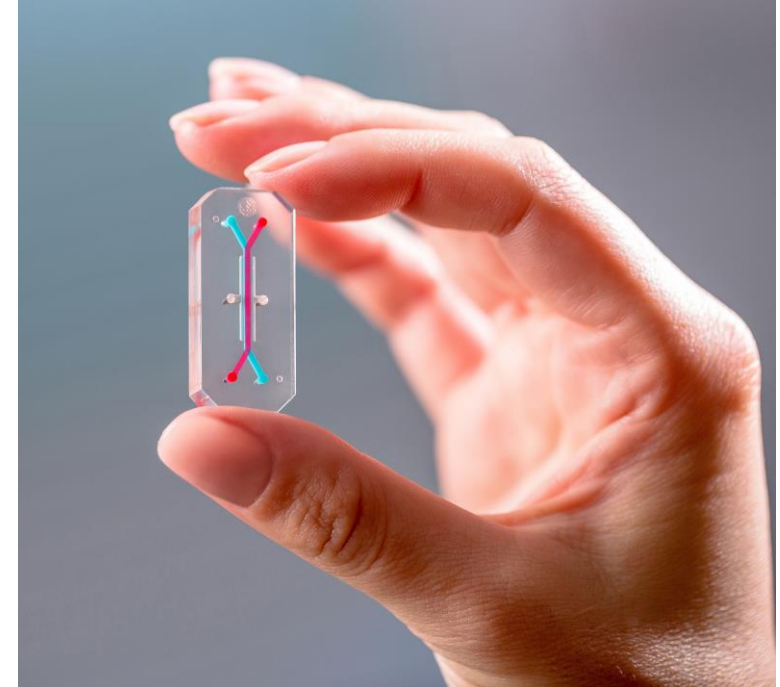
For barrier properties in BBB-on-a-chip models

Hard to compare and benchmark results from different laboratories

A IMMORTALIZED CELL LINE	B PRIMARY CELLS	C STEM CELL - DERIVED
ADVANTAGES <ul style="list-style-type: none">- Easy-to-use- Scalable- Low cost	ADVANTAGES <ul style="list-style-type: none">- Strong and complex barrier properties- Endothelial identity	ADVANTAGES <ul style="list-style-type: none">- Scalable human alternative- Disease modeling/ personalized medicine
LIMITATIONS <ul style="list-style-type: none">- Weaker barrier properties due to immortalization- Species differences- Loss of some BBB functions	LIMITATIONS <ul style="list-style-type: none">- High cost- Technically challenging- Species differences or hard to source	LIMITATIONS <ul style="list-style-type: none">- High cost- Technically challenging- Mixed epithelial-endothelial identity or weaker barrier properties (depending on the differentiation protocol)

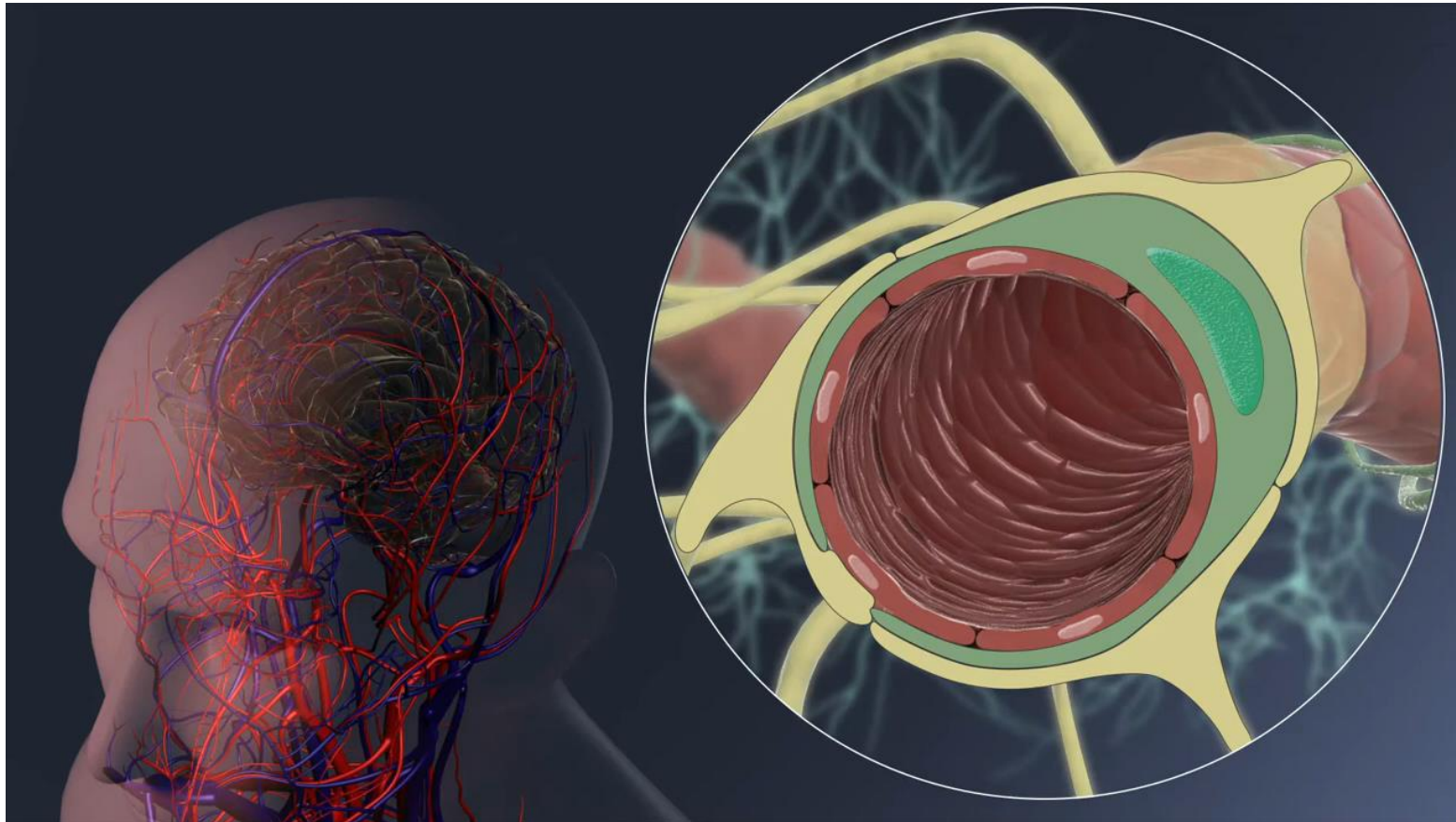
Perspectives - Needed

- Direct in vitro/in vivo measurements and comparisons
- Organ and zonation-specific effects of shear stress in the vasculature
- Expertise in materials Science, bioengineering, stem cell, vascular BBB biology
- Better integration of these diverse disciplines
- Consensus paper with guidelines



“Brain Targeting Program”

- Strategies to get drugs to the brain more effectively.



Thank you!

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